

BHR Coach Development Evening 26th September 2011

1. **Child Protection update.**

Jo bravely managed to get lots of forms filled in, those remaining to do updated forms are Nick, Mickey, Mike and Chocco plus the adults team managers (MR to chase)

2. **Warm-ups;** reminders of good practice, keep them:

- * varied but with a routine, link to regular training activities
- * match related
- * time for players to chat, think, hydrate, stretch etc
- * coach input built around the new idea of setting targets for players as individuals, units, groups and team. Takes the pressure away from the result. Refer back to these during the match, half-time and full-time.

3. **Parents/Carers:** lots of positive feedback about and from parents. Occasional incidents. Don't let our high expectations drop, remember that the vast majority follow the Club Code to the letter. Coaches to highlight with parents the new Youth Policy brought in at the last AGM, see website for details. Coaches to share the new player targets with parents, encourage them to focus on these rather than the results. On occasions allow the parents to hear the match day discussions between coaches and players so they will know what we say and how we say it.

4. Dan and Anita gave feedback from the **Youth Module One** that they attended recently. We are already using many of the coaching strategies putting us ahead of many professional coaches and clubs. Key aspects were:

- * Player Focus Approach
- * Focus on positives and self-esteem
- * Allowing the players to take responsibilities
- * Effectively managing mistakes
- * Flexible approach by coaches
- * Feel confident to say less.

Rachel, Aaron and Richard have spaces paid for on upcoming Youth Module Ones, they need to confirm dates. Any other coaches who want to do it let Merf know.

5. Richard gave brief details of the half-term **soccer school**, details on the website

6. Merf outlines the plan for the **Coaches Circus** this Saturday.